

EARLY REGISTRATION DEADLINE: Sept. 8, 2010

Adults: **\$10** Teens: **FREE with adult registration**

(Registration fee includes continental breakfast and lunch.)

Make check payable to City of Raleigh.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (h): (____) _____ - _____

Phone (w): (____) _____ - _____

Email: _____

What CAC district do you live in (if known)? _____

Teen topic registrants: List your age: _____

BREAKOUT SESSIONS

Please circle your first and second choice of breakout sessions for each time slot.

First session: 9 am-10:15 am

1st Choice: 1 2 3 4 5a 6a (Session 6a is open to teens only.)

2nd Choice: 1 2 3 4 5a

Second session: 10:45 am-12:00 pm

1st Choice: 1 2 3 4 5b 6b (Session 6b is open to teens only.)

2nd Choice: 1 2 3 4 5b

Will you attend the keynote luncheon at 1 pm?

Yes No

Please indicate any special dietary needs:

Are you a graduate of the Raleigh Neighborhood College (RNC) or Citizens Leadership Academy/Citizens Participation Leadership Institute (CLA/CPLI)?

RNC CLA/CPLI

Return this registration form and check to:

**Raleigh Neighborhood Exchange
Raleigh Community Services Department
P.O. BOX 590, Raleigh, NC 27602**



City of Raleigh
Community Services Department
Post Office Box 590
310 W. Martin St., Suite 201
Raleigh, North Carolina 27601
www.raleighnc.gov/communityservices

The 7th Annual



**Sept. 18, 2010 8:00 am-2:00 pm
McKimmon Conference Center
1101 Gorman St., Raleigh, NC 27606**



**“Strong Neighborhoods
For A Stronger Raleigh”**

RALEIGH NEIGHBORHOOD EXCHANGE EVENT SCHEDULE

September 18, 2010

8:00-9:00 AM	Registration. Continental breakfast. Exhibits open
9:00-10:15 AM	Breakout sessions (1 st round)
10:15-10:45 AM	Break. Exhibits open
10:45 -12:00 PM	Breakout sessions (2nd round)
12:00-12:15 PM	Break
12:15-1:00 PM	Exchange session: “Motivating Without Money”
1:00-2:00 PM	Luncheon and keynote speech

RALEIGH NEIGHBORHOOD EXCHANGE

Come to the Raleigh Neighborhood Exchange to find out how to make your neighborhood stronger and more vibrant. Share your best ideas with others like you who are working to make Raleigh a better place to live.

CITIZENS PLANNING COMMITTEE

TSEGGA MEDHIN, *CHAIRPERSON*

VIOLA BULLOCK, *VICE CHAIRPERSON*

AVIS CHRISTIAN

ARLENE SANDERS

JACQUELINE TAVAREZ

CHARLES UPCHURCH

GARY WIGGINS

JACKIELYANNE TAVAREZ, *TEEN REPRESENTATIVE*



Donna Warner, Keynote Speaker

“MOTIVATING WITHOUT MONEY”

What motivates you to serve in today’s challenging environment? How can you keep your “batteries” charged and your passion strong? Please join us for this lively and informative session designed to help you understand the basics of motivation. You will leave with dynamic tips and tools for inspiring yourself and others.

Donna Warner is an instructor at the School of Government at the University of North Carolina at Chapel Hill. In this capacity, she directs the Local Elected Leaders Academy, an education and training program for elected officials of North Carolina’s municipalities and counties. She earned a B.A. from the University of Virginia and an M.P.A. from the University of North Carolina at Chapel Hill.

BREAKOUT SESSIONS

1. HIGH-TECH, LOW-TECH WAYS TO HELP YOUR NEIGHBORHOOD GROUP FLOURISH

Learn how to attract new members to your group and keep them actively engaged. Leaders of thriving neighborhood and community watch groups share their tips.

2. DOWN ON THE (URBAN) FARM

Learn how community gardens, backyard chickens and beekeeping can enrich neighborhood life, preserve resources and build a sustainable Raleigh. Hear from local experts on trends in urban farming.

3. HOW TO FIND HOUSING IN HARD TIMES

The shaky economy means more families are in search of affordable housing. Explore all the ways the city and other local organizations are helping people find homes that suit their needs and pocketbooks.

4. SMALL BUSINESSES AS GOOD NEIGHBORS

Everyone benefits from good relations between small businesses and their neighborhoods. Hear how local small business owners strengthen their connections to the neighborhoods they serve.

IN SPANISH/ EN ESPAÑOL:

5A. PADRES, COMO CRIER HIJOS EXITOSOS EN NUESTRA COMUNIDAD (a las 9:00 am solamente)

HOW TO RAISE SUCCESSFUL CHILDREN IN OUR COMMUNITY

Ante la amenaza que representan las drogas, las pandillas y la deserción escolar, aprenda de experiencias y estrategias para lograr hijos exitosos que sean factores positivos en la comunidad.

5B. MEJORANDO EL AMBIENTE Y LA SALUD... (a las 10:45 am)

IMPROVING THE ENVIRONMENT AND HEALTH...

Huertas comunales, nutrición balanceada y uso del agua.

FOR TEENS, AGES 13-18:

6A. ‘HOOD RICH (offered at 9:00 am only)

Look beyond your usual circle of friends to discover the talents and skills of others. Learn how to work together to improve your teen community.

6B. DON’T LET FACEBOOK BECOME YOUR ENEMY (10:45 am only)

Facebook and other social media are great for keeping up with your friends. Find out how to keep social media from turning into your worst enemy.



Don't miss out! More than 20 exhibitors will offer information and giveaways during the Neighborhood Exchange.